



Michigan Legacy Art Park



For a unique, holistic experience, explore Michigan Legacy Art Park by using your five senses.

Awakening the Senses, Sparking the Imagination, Engaging the Heart

Start your journey at **Logging Camp** by Patricia Innis. Take several deep breaths... Use your imagination to bring the lumberjacks and the logging camp to life. What do your senses tell you about the logging camp? **A**

As you walk, let your imagination roam free, exploring the past enlivened by the art work and the environment.

Be sure to stop at the **amphitheater** to quietly appreciate your surroundings. Try a set of yoga exercises before continuing. **B**

According to the artist, Lois Teicher, **Bonnet** "represents women's contributions and presence through-out time particularly during pioneer life when the sustenance of life had to be created daily."

What senses does this piece evoke? **C**

Sit or stand in the middle of **Five Needles** by Michael McGillis and stare upward. Is there wind or air movement? What do the sails evoke? Why is it called "Five Needles"? **D**

Barn Chair by Gary Kulak overlooks the Betsie River Valley. The artist chose this site because he felt it was a view to be framed and contemplated. Consider the idea of wilderness and how landscape affects you. **E**

Feel the rocks on **Vessel** by Joe Zajac; you are touching the result of thousands of years of nature at work. What connections can you make between this "vessel" and yourself? **F**

Be sure to read the quotations on the sculpture **Diversity** by David Barr. Contemplate their meanings. Why is one column broken? **G**

Written by Patricia Innis, environmental artist and painter, who has practiced meditation since 1982.

Michigan Legacy Art Park
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